

Meta Moment/Growth Mindset Take Home Questions

Your child watched a video about how students can develop a growth mindset. Watch it at: www.classdojo.com/BigIdeas. Some follow up questions for your child might be:

1. What was the biggest challenge you faced today? (Ask your child and then have them ask the question back!)
2. How can you and I think about these challenges in a new way?
3. What can we do differently tomorrow if we face similar challenges?

For more information on the Social Emotional learning lessons, please see the BCE website for SEL at:

www.bcesel.weebly.com

Thanks for continuing your child's social emotional growth at home.

Sincerely,

Kelly Coulter & Amy Ashorn, BCE Counselors